# ST. MARY'S BYZANTINE CATHOLIC CHURCH

VERY REV. RICHARD I. LAMBERT

356 S. BelleVista Ave.

Youngstown, Ohio 44509

Rectory 330-799-8163

Social Center 330-792-1578

Feb. 4, 2024

SUNDAY OF MEAT-FARE

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SAT.

4:30 p.m.

FIRST ALL SOULS COMMEMORATION

SUN.

10:30 a.m.

Health & Blessings of Parishioners

MON.

10:30 a.m.

No Liturgy

TUE.

1 0:30 a.m.

No Liturgy

WED.

10:30 a.m.

Health & Blessings of Sister Mary Theresa

THU.

10:30 a.m.

+Mary Puskar by Catherine Reigrut

FRI.

10:30 a.m.

No Liturgy

SUNDAY OF CHEESE-FARE.....FORGIVENESS OF SINS

4:30 p.m.

+Ann Leson by John Remias

Feb. 11, 2024

SAT. SUN.

10:30 a.m.

Health & Blessings of Parishioners

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When You come to the earth in glory, O God, and the universe trembles and a river of fire flows before Your judgement seat and the books are opened and everything hidden is revealed, deliver me then from the unquenchable fire and make me worthy to stand at your right hand, O most righteous Judge.

## CHURCH DONATIONS Jan. 28,2023 Monthly Dues \$ 202.00 Lenten. \$50.00 Maintenance..\$90.00 Candles \$33.00 Offertory...... \$ 1,45700

## PASTA FAGIOLI....SALE

Our Caterers will be selling Pasta Fagioli the first week of Lent. We will have a DRIVE-UP PICKUP in front of the hall on Friday Feb. 16, 2024 from 2:00 p.m. until 4:00 p.m. If you would like to order a quart for \$ 9.00 please call the office and get on our list. Office hours 8:00 a.m.- 4:00 p.m.

#### **BLESSED WATER**

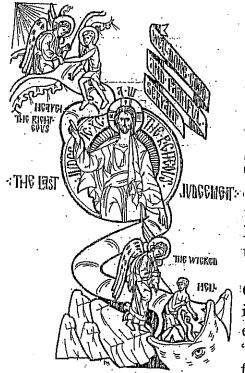
Water was blessed for the Feast of Theophany If you would like to take some home please bring a small container anytime.

THIRD ANNUAL MEN'S RETREAT
Will be held at Our Lady of the Pines Retreat Center, Fremont,
Ohio. March15th -17th. Retreat Master is Fr. Thomas Loya. If
interested the pamphlets are in vestibule.

#### **SOCIAL GAMES**

Are played every Sunday in our Center...Doors open 4:30 p.m. and games begin at 6:30 p.m. Start the New Year off right and come spend a little time with your Friends and Family. We offer GREAT prizes ....and you might be one of the LUCKY ONES that walks out with some XTRA Cash.

CHEESE-FARE SUNDAY...FORGIVENESS OF SINS is next weekend. After THE Saturday & Sunday Liturgies a prayer will be recited. Copies of the prayer will be in the bulletins on bottom of front page. Please pick one up as you enter the Church.



#### MEATFARE SUNDAY

On Meatfare Sunday we are reminded of the need for repentance in our lives as a preparation for Divine Judgment in the Gospel which is read at the Divine Liturgy. A Christian lives under Christ's judgment. This means that we must refer our actions, attitudes, judgments, to Christ and His present in the world, that we must see Christ in our fellow humans. For "inasmuch as you have done it unto Me..." The parable of the Last Judgment gives us the "terms of reference" for our self-evaluation as Christians.

On the week following the Meat Fare Sunday a limited fasting is prescribed. We must train and prepare ourselves for the great effort of Lent. Meatfare and Cheesefare are terms that mean "farewell to meat, cheese and dairy products" since it is a time from abstaining from these food products.

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# GREAT FAST: RECONCILIATION BEGINS WITH FORGIVENESS

"O God, be merciful to me, a sinner!" With these words humbly spoken, the Publican seeks forgiveness and finds favor, as Christ tells us in the Gospel (Lk 18:10-14) because, as the psalmist writes, God will not spurn "a heart contrite and humbled."

February 12th marks the beginning of the yearly opportunity the Church, in her holy wisdom, invites us to encounter...a journey of reconciliation. Through a Great Fast of humility to wholeness, we are invited to deepen our personal relationships with Christ and, through Him, with each other.

Reconciliation begins with forgiveness... asking, receiving, granting.

#### LENT....FASTING AND FEASTING

Tradition teaches us to fast during Lent, but because we are being prepared for Pascha, the victory of life over death, we need also to *FEAST* on the Life God offers as we seek to deepen His life within us. It is appropriate then to *FAST & FEAST*.

Consider this: FAST from harsh or mean words. FEAST on patience. FAST from worry. FEAST on God's love and care. FAST from sadness and depression. FEAST on joy and peace of mind. FAST from complaining. FEAST on appreciation and gratitude. FAST from bitterness. FEAST on forgiveness. FAST from resentment. FEAST on acceptance. FAST from jealousy. FEAST on being yourself. FAST from self-centeredness. FEAST on compassion for others. FAST from excess. FEAST on moderation. FAST from apathy. FEAST on caring. FAST from discouragement. FEAST on hope. FAST from judging others. FEAST on finding Christ in them.